

PARKLANDS CAFÉ MENU

AVAILABLE UNTIL 11:30AM

Thick French Toast

Macerated strawberries, cinnamon, vanilla, butter, maple syrup

\$14

Avocado & Feta Smash

Smashed avocado, whipped feta, cherry tomatoes, mint, lemon zest on toasted sourdough

\$14

Bacon & Egg Roll

Free-range egg, streaky bacon, tomato or BBQ sauce on a toasted milk bun (GF option available)

\$10

Breakkie Toast

Smoky maple bacon, tomato, seeded mustard mayo, Swiss cheese, rocket, toasted Turkish (GF option available)

\$13

Eggs Your Way

Poached, fried or scrambled eggs and a hash brown on Turkish toast

\$13

Breakfast Burrito

Crispy bacon, scrambled eggs, avocado, Pico de Gallo, cheddar, sour cream, coriander, jalapeños, tortilla

\$15

Super Steak Sambo

Juicy rump, caramelized onion, lettuce, garlic aioli, mustard on toasted Turkish bread

\$18

The BIG Breakfast

Two free-range eggs (fried, poached or scrambled), maple drizzled bacon, beef sausage, sauteed mushrooms, field tomatoes, wilted rocket, hash brown and toast

\$23

Add a regular size hot beverage for \$2

Vegetarian Breakfast

Two free-range eggs (your way), grilled halloumi, sauteed mushroom, blistered tomato, wilted spinach, hash brown on toasted Turkish bread

\$19

Add a regular size hot beverage for \$2

Hot Chips

Chicken salt, aioli, tomato ketchup or BBQ sauce

\$6/\$11

Potato Wedges

Sour cream, sweet chili sauce

\$13

Popcorn Chicken & Chips

Tomato ketchup, BBQ sauce

\$10

Chicken Nuggets & Chips

Tomato ketchup, BBQ sauce

\$10

ADD SIDES

Bacon or Avocado (GF) \$5

Sauteed Mushrooms (GF, V) \$5

Hash Brown or Free-range Egg (GF, V) \$3

KIDS MENU (under 15 years old)

Scrambled Eggs on Toast \$7

Fresh Fruit, Yogurt and Granola \$7

PARKLANDS CAFÉ MENU

AVAILABLE FROM 11:30AM

BOWLS, PLATES & SANDWICHES

Classic Caesar Salad **\$13**

lettuce, bacon crisp, house Caesar dressing, anchovy, garlic croutons, soft boiled egg, freshly grated grana Padano

Add poached chicken breast **\$5**

Vegetarian Nachos **\$19**

Corn chips, Mexican beans, melted mozzarella, sour cream, coriander, jalapeños, shallots, guacamole (V) (GF)

Spicy Beef Nachos **\$22**

Corn chips, spicy ground beef, Mexican beans, melted mozzarella, sour cream, coriander, jalapeños, shallots, guacamole (GF)

Spaghetti Bolognese **\$17**

rich, slow simmered beef and tomato ragu, garlic, herbs, red wine, parsley, grana Padano

Butter Chicken **\$19**

Chicken thigh fillet, tomato, fenugreek leaves, cream & honey, basmati rice

Super Steak Sambo **\$18**

Juicy rump, caramelized onion, rocket, garlic aioli, mustard on toasted Turkish bread

Add hot chips and a 600ml soft drink **\$5**

BURGERS

Angus Beef Burger **\$13**

Angus beef patty, cheddar, lettuce, tomato, pickles, burger sauce

Add hot chips and a 600ml soft drink **\$5**

Goodness Veggie Burger **\$13**

Mushroom and chickpea patty, tasty cheese, avocado, beetroot, cos lettuce, tomato, Spanish onion, relish & herbed mayo

Add hot chips and a 600ml soft drink **\$5**

Grilled Chicken Burger **\$13**

Free-range chicken, shredded carrot, lettuce, tomato, Spanish onion, coriander, herbed mayo

Add hot chips and a 600ml soft drink **\$5**

SEAFOOD

Fish Tacos **\$19**

Two soft shell tortilla tacos, crispy fish, avocado, shredded lettuce, Pico de Gallo, cheddar, sour cream, coriander, jalapeños, hot chips

Salt & Pepper Calamari **\$19**

Hot chips, side salad and lemon wedge

Fish & Chips **\$19**

Beer battered white fish, hot chips, tartare, lemon wedge

GOURMET PIZZAS

Margherita **\$17**

Tomato, basil, mozzarella

Hawaiian **\$19**

Smoky honey ham, pineapple, mozzarella

Vegetarian **\$20**

Roasted capsicum, olives, feta, onion, mozzarella

SNACKS & SIDES

Hot Chips **\$6/\$11**

Chicken salt, aioli, tomato ketchup or BBQ sauce

Potato Wedges **\$13**

Sour cream, sweet chili sauce

Garlic Bread **\$6**

9-inch traditional Herb and Garlic Loaf

Side Salad **\$7**

Mixed greens, tomato, cucumber, French vinaigrette

Kids Menu (under 15 years old)

Chicken Nuggets & Chips **\$10**

Tomato ketchup, BBQ sauce

Spaghetti Nest **\$10**

With napolitana sauce, fresh herbs and grated cheese

PARKLANDS CAFÉ MENU

HOT DRINKS

Espresso, Long Black	\$4.8
Cappuccino, Macchiato, Piccolo, Flat White, Latte, Mocha	\$5.5
Tumeric Latte	\$5
Matcha Latte	\$5
Chai Latte	\$5
Hot Chocolate	\$5
Dirty Chai	\$5
Babyccino	\$2.5
Ice Latte	\$6.5
Upsize to a large – add extra	\$1
Tea	\$4.5
English breakfast, early grey, green, chamomile, peppermint, lemon and ginger	
Milk	+.50
Soy, almond, oat, lactose free	
Coffee Syrup	+\$1
Caramel, Hazelnut or vanilla - add extra	

SOFT DRINKS

Coca Cola 600ml Range	\$6
Mt Franklin Still Water 600ml	\$4
Mt Franklin Lightly Sparkling 450ml	\$6
Mt Franklin Still Water 1.5lt	\$8
Poppa Juice	\$3.5
Mojo Juice	\$6
Red Bull	\$6
Powerade	\$6

MILK SHAKES

Milkshake your choice of chocolate, strawberry, banana, vanilla or caramel

small	\$6
large	\$8

Swiss Shake

Enormous amounts of vanilla ice-cream, milk and malt with your choice of Chocolate, strawberry, vanilla, caramel and banana

½ Pint	\$7
Pint	\$10

SMOOTHIES

Summer Set	\$9
Strawberry, mango, milk, yoghurt and honey	
Triple Berry	\$9
Mixed berries, milk, yoghurt, honey	

JUICES

Red Rush	\$8
Ginger, lime, beetroot, carrot and celery	
Watermelon Crush	\$8
Watermelon and ice	
Freshly Squeezed Orange Juice	\$8

PROTEIN SHAKES

Original	\$9
Milk, yoghurt, ice and protein powder (chocolate or vanilla)	
Berry	\$9
Protein powder (chocolate or vanilla) mixed berries, pineapple, water	

FRAPPES

Coffee Frappe	\$7
Milk, double espresso shot, ice cream, ice, blended with whipped cream	
Chocolate Frappe	\$7
Milk, chocolate, ice cream, ice, blended with whipped cream	

SPARKLING WINE

Wolf Blass Bilyara Sparkling		
Multi-regional, SA	\$11.5	\$54

WHITE WINE

Wolf Blass Bilyara Sauvignon Blanc		
Multi-regional, SA	\$8.5	\$54
Wolf Blass Bilyara Chardonnay		
Multi-regional, SA	\$8.5	\$54

RED WINE

Tempus Two Shiraz Series Shiraz, NSW	\$11.5	\$54
Pepperjack Shiraz McLaren		\$90
St Huberts 'Stag' Pinot Noir Yarra Valley, VIC		\$75

BEER

Hahn super dry		\$9
Hahn super dry 3.5%		\$7